

240 S. Bridge St., Suite 250

DeWitt, MI 48820

(866) 334-5437

[Early On Center Website](http://earlyoncenter.org/)

(<http://earlyoncenter.org/>)

[Early On Center Facebook Page](https://www.facebook.com/EarlyOnCenter/)

(<https://www.facebook.com/EarlyOnCenter/>)



## **Early On** Center Instructional Resource Alert

Now Available Under Instructional Resources

### **[Helping Toddlers Understand Emotions: Key to Development](http://earlyoncenter.org/resource.php?ID=155)**

(<http://earlyoncenter.org/resource.php?ID=155>)

The strategy of helping toddlers understand emotion may reduce behavioral problems later on, finds a federally funded study led by a Michigan State University researcher, Holly Brophy-Herb. The study, published in the September 2015 issue of the *Journal of Developmental and Behavioral Pediatrics*, could ultimately help those most in need. Toddlers with higher risk, specifically those with more behavioral problems and from the most disadvantaged families, benefited most from being taught about emotion by their mothers.

### **[Michigan 0-8 Social and Emotional Toolkit](http://earlyoncenter.org/resource.php?ID=99)**

(<http://earlyoncenter.org/resource.php?ID=99>)

The Michigan 0-8 Social and Emotional Toolkit provides materials for communities throughout the state to use in promoting the positive social and emotional health of all their children. This toolkit includes:

- Social and Emotional Health: a Guide for Families with Children Birth-8 Years
- Social and Emotional Fact Sheet
- Social and Emotional Scripted PowerPoint

### **[A Parent's Resource Guide to Social and Emotional Learning](#)**

(<http://earlyoncenter.org/resource.php?ID=156>)

Explore a curated list of blogs, articles, and videos for parents about fostering skills like kindness, empathy, gratitude, resilience, perseverance, and focus in children.

### **[Social and Emotional Infant/Toddler Training Modules](#)**

(<http://earlyoncenter.org/resource.php?ID=157>)

The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is focused on promoting the social emotional development and school readiness of young children birth to age 5. The four Infant-Toddler Training Modules include; understanding social-emotional development, understanding behavior, building and sustaining relationships, and supporting infant and toddler social-emotional development. Materials include PowerPoints, handouts, video clips, and a trainer's guide.