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Early On Center Instructional Resource Alert

Now Available Under Instructional Resources

[Michigan Great Start Trauma Informed System Website](http://earlyoncenter.org/resource.php?ID=128)

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The Michigan Great Start Trauma Informed System website is designed to provide information about the effect of trauma and toxic stress on young children and ways to lessen negative outcomes. Two types of learning formats are available – Online self-learning units and a power point presentation for use with groups. The learning formats are designed with several groups in mind, including:

Child care providers

Early childhood educators

Home visitors

Parents and caregivers

Doctors

[InBrief: Resilience Series](#)

(<http://earlyoncenter.org/resource.php?ID=129>)

The Center on the Developing Child at Harvard University provides an overview of **Supportive Relationships and Active Skill-Building Strengthen the Foundations of Resilience** - a new 2-page working paper. InBrief Video Series on Resilience also provides 3 videos with an overview on *What is Resilience, The Science of Resilience, and How is Resilience Built*.

[Discovering Feelings](#)

(<http://earlyoncenter.org/resource.php?ID=130>)

The Discovering Feelings booklet and consultant's notes, designed by *Center for Early Childhood Mental Health Consultation Georgetown University Center for Child and Human Development*, assist caregivers in **helping to label a young child's feelings**. This booklet offers caregivers a simple way to:

Introduce emotional vocabulary to a child

Illustrate for children a range of emotions

Validate the wide range of emotions experienced by children

Assist children in linking emotional vocabulary with specific actions